3D CONNECT

Our 3D Books & Podcasts Recommendations!

Recommendations From Participants At Our 'Let's Get Booked' Session On 17 November 2026

Thank you to everyone who came along to our **3D Connect 'Let's Get Booked'** session, and for all the brilliant recommendations you shared. If you couldn't make it, you missed a great conversation, but here's the next best thing!

Below is the full list the group put together: business and leadership reads, great novels, inspiring life stories, much-loved children's classics and three podcasts worth a listen. Each book has a short introduction and a link to find it on Amazon, so you can pick it up in whichever format suits you: print, Kindle or audiobook.

Happy reading and listening!

Books

BUSINESS, LEADERSHIP & PERSONAL DEVELOPMENT

The 7 Habits of Highly Effective People · Stephen Covey
The classic on character-based effectiveness, from being proactive to 'sharpening the saw'.
Find it on Amazon UK ›

Atomic Habits · James Clear
How tiny, 1% changes compound into remarkable results, and how to make good habits stick.
Find it on Amazon UK ›

StrengthsFinder 2.0 · Tom Rath, based on Don Clifton's research
Identify your top five talents and focus on building strengths rather than fixing weaknesses.
Find it on Amazon UK ›

Leaders Eat Last · Simon Sinek
Why great leaders create a 'circle of safety' so their people feel trusted and protected.
Find it on Amazon UK ›

Start With Why · Simon Sinek
Inspiring people starts with purpose: why you do it, before how and what.
Find it on Amazon UK ›

Impact · Dominic Colenso
A practical guide to confidence, presence and personal influence, built around his IMPACT model.
Find it on Amazon UK ›

No Rules Rules · Reed Hastings & Erin Meyer
Inside Netflix's culture of freedom, responsibility and radical candour.
Find it on Amazon UK ›

Key Person of Influence · Daniel Priestley
A step-by-step approach to becoming one of the most known and valued people in your field.
Find it on Amazon UK ›

They Ask, You Answer · Marcus Sheridan
Win trust and customers by openly answering the questions buyers are really asking.
Find it on Amazon UK ›

Building a StoryBrand · Donald Miller
Clarify your message by making the customer the hero of the story.
Find it on Amazon UK ›

The E-Myth Revisited · Michael Gerber
Why most small businesses struggle, and how to work on your business, not just in it.
Find it on Amazon UK ›

Purple Cow · Seth Godin
In a crowded market, being remarkable is the only marketing that works.
Find it on Amazon UK ›

Four Thousand Weeks · Oliver Burkeman
Time management for mortals: making peace with limited time and choosing what matters.
Find it on Amazon UK ›

Can't Hurt Me · David Goggins
A gruelling life story and a call to build mental toughness and push past self-imposed limits.
Find it on Amazon UK ›

The Good Ancestor · Roman Krznaric
How to think long-term in a short-term world, and leave a legacy worth inheriting.
Find it on Amazon UK ›

Built to Be Seen · David Coslett
A practical marketing playbook for small business owners: get noticed, win customers and grow your business.
Find out more ›

FICTION

The Three Graces · Amanda Craig
Three British women in their eighties, retired to a Tuscan hill town, find their peace disrupted.
Find it on Amazon UK ›

Withered Hill · David Barnett
A dark, unsettling folk horror set in an isolated Lancashire village.
Find it on Amazon UK ›

A Room with a View · E M Forster
Lucy Honeychurch, Florence and the battle between convention and the heart.
Find it on Amazon UK ›

Rachel's Holiday · Marianne Keyes
Funny, sharp and moving: Rachel Walsh is sure rehab will be a spa break. It isn't.
Find it on Amazon UK ›

A Thousand Splendid Suns · Khaled Hosseini
Two women's lives entwine across three turbulent decades in Afghanistan.
Find it on Amazon UK ›

The Fortnight in September · R C Sherriff
A gentle 1930s classic following one ordinary family's annual seaside holiday.
Find it on Amazon UK ›

Kill Your Friends · John Niven
A pitch-black satire of the 1990s music industry.
Find it on Amazon UK ›

The Amateurs · John Niven
A comic novel set around a Scottish golf course. Brilliant for any golf fans!
Find it on Amazon UK ›

A Big Storm Knocked It Over · Laurie Colwin
A warm, witty novel about friendship, marriage and the families we choose.
Find it on Amazon UK ›

The Color Purple · Alice Walker
The Pulitzer Prize-winning story of Celie and her journey to finding her voice.
Find it on Amazon UK ›

Behind Closed Doors · B A Paris
A psychological thriller about a marriage that looks perfect from the outside.
Find it on Amazon UK ›

The Silver Sword · Ian Serraillier
A much-loved wartime classic of four children's journey across Europe to find their parents.
Find it on Amazon UK ›

Fatherland · Robert Harris
A gripping thriller set in a 1960s Europe where Germany won the Second World War.
Find it on Amazon UK ›

Chocolat · Joanne Harris
Vianne Rocher opens a chocolate shop in a small French village during Lent, and stirs things up.
Find it on Amazon UK ›

The Yorkshire Pudding Club · Milly Johnson
A warm, funny Yorkshire story of three lifelong friends who find themselves pregnant at the same time.
Find it on Amazon UK ›

Mangata Moon · Jacqueline Freeborn
A letter from a lost love draws Charlie back to a Northumbrian village, in a story of love, loss and family secrets.
Find it on Amazon UK ›

LIFE STORIES, BIG IDEAS & WELLBEING

Now It All Makes Sense · Alex Partridge
The LADbible founder on how an ADHD diagnosis at 34 changed how he understood his life.
Find it on Amazon UK ›

Me vs Brain · Hayley Morris
A very funny 'overthinker's guide to life' from the comedian and social media star.
Find it on Amazon UK ›

Relish · Prue Leith
Prue Leith's memoir of a remarkable life in food and business.
Find it on Amazon UK ›

Monsters · Claire Dederer
Can we still love the work of great artists who behaved badly?
Find it on Amazon UK ›

Entangled Life · Merlin Sheldrake
The hidden world of fungi and how it shapes our planet, minds and futures.
Find it on Amazon UK ›

Steel City Survivors · Neil Anderson
Inspiring stories of 40 Sheffielders who helped the city reinvent itself after the collapse of steel.
Find it on Amazon UK ›

Journey to Ixtlan: The Lessons of Don Juan · Carlos Castaneda
A spiritual classic on perception, reality and living with purpose.
Find it on Amazon UK ›

It's OK to Wobble · Claire L Moore
A funny, honest, no-diets guide to health and happiness in midlife from a women's wellness coach.
Find it on Amazon UK ›

Taken on Trust · Terry Waite
Terry Waite's account of nearly five years held hostage in Beirut, much of it in solitary confinement.
Find it on Amazon UK ›

A British Childhood · Frank Cottrell-Boyce
The former Children's Laureate on what it means to grow up in Britain today, and the power of reading.
Find it on Amazon UK ›

Make Believe: On Telling Stories to Children · Mac Barnett
A witty book for grown-ups on why children's books and young readers deserve to be taken seriously.
Find it on Amazon UK ›

To the Women · Donna Ashworth
A bestselling poetry collection celebrating the strength and joy of being a woman.
Find it on Amazon UK ›

The Comfort Book · Matt Haig
Short reflections, lists and stories offering hope and comfort for the harder days.
Find it on Amazon UK ›

CHILDREN'S CLASSICS

Heidi · Johanna Spyri
An orphaned girl sent to live with her gruff grandfather in the Swiss Alps wins over everyone around her.
Find it on Amazon UK ›

Anne of Green Gables · L M Montgomery
Talkative, imaginative orphan Anne Shirley arrives at Green Gables on Prince Edward Island – by mistake.
Find it on Amazon UK ›

The Tale of Mr. Tod · Beatrix Potter
Peter Rabbit and Benjamin Bunny attempt a daring rescue from Tommy Brock the badger and Mr. Tod the fox.
Find it on Amazon UK ›

Black Beauty · Anna Sewell
A horse tells his own story of kindness and cruelty in Victorian England.
Find it on Amazon UK ›

Podcasts

The Game with Alex Hormozi · Alex Hormozi
Short, practical episodes on getting more customers, making more profit and growing a business.
Listen to the podcast ›

Working Hard, Hardly Working · Grace Beverley, founder of TALA and The Productivity Method
Conversations with people who have achieved remarkable success, with real, actionable advice on work and balance.
Listen to the podcast ›

Not For Radio · Jay & Dunc (rova)
Laid-back, funny chat and interviews from a New Zealand podcast duo.
Listen to the podcast ›

Andy’s Podcast Recommendations

His personal top 10 – the podcasts he keeps coming back to.

Wankernomics · James & Charles
A very funny deep dive into workplace jargon, corporate nonsense and office life.
Listen to the podcast ›

100 Questions with Tom Simons · Tom Simons
One hour, 100 questions: Tom gets to know a guest each week, from Stephen Fry to Peter Capaldi.
Listen to the podcast ›

Desert Island Discs · BBC Radio 4
The classic: guests choose eight tracks, a book and a luxury to take to a desert island, and tell the story of their lives.
Listen to the podcast ›

The Diary of a CEO · Steven Bartlett
In-depth, unfiltered conversations with entrepreneurs, experts and leaders.
Listen to the podcast ›

Acquired · Ben Gilbert & David Rosenthal
Long, deeply researched episodes on the stories and playbooks behind the world’s great companies.
Listen to the podcast ›

Embracing Marketing Mistakes · Chris Norton & Will Ockenden, Prohibition PR
Marketers and founders share their biggest mistakes, and what they learned from them.
Listen to the podcast ›

The Marketing Meetup · Joe Glover
Practical tips and stories from world-leading marketers, including Mark Ritson and Rory Sutherland.
Listen to the podcast ›

Mind Your Business · Sara Davies & Helen Goddard
Honest, practical, down-to-earth conversations for small business owners and entrepreneurs.
Listen to the podcast ›

The Bottom Line · Evan Davis, BBC Radio 4
Business leaders and entrepreneurs lift the lid on how their businesses really work.
Listen to the podcast ›

The Times Tech Podcast · Danny Fortson & Katie Prescott
From Silicon Valley to the City: interviews with the people shaping the future of tech.
Listen to the podcast ›

Got a recommendation we missed? Reply and let us know, and we’ll add it to the list.